

From our clients...

“The Career Decision Making Workshop got me reenergized again.

The workshop exercises, processes and discussions helped me sort out career issues both in the group and on a one-to-one basis. Creating both a short-term and long-range plan really got me in motion toward my goal.

All this was supported by the incredible facilitators. The best part is that it worked!! Within two weeks, I had achieved my short-term plan and have the knowledge and motivation to keep going toward my long-range goal.”

– Career Decision Making Workshop graduate



“My experience with JVS was very positive. I received outstanding career counselling

which included a realistic evaluation of my working skills, aptitudes and values, and clarification of my career goals. I felt that I was provided with all of the options and services available to me. I believe Career Counselling is an invaluable service to the community at large—the best reality check in town.”

– Former Career Counselling client who is now working in her chosen career



By the numbers –

Career Decision Making Workshop

Of 400 participants in 2006, 90% reported having developed a clear direction as a result of career planning. 92% reported that they would recommend the Career Decision Making Workshop to others.

Career Counselling

JVS Career Counselling has helped more than 15,000 individuals since 1947.

The majority of Career Counselling clients have been referred by former clients.

Career Counselling has assisted people across the life cycle aged 16 to 62.

JVS Toronto is generously funded by

Canada

Ontario

THE ONTARIO TRILLIUM FOUNDATION



LA FONDATION TRILLIUM DE L'ONTARIO

TORONTO

UJA FEDERATION
Live generously

United Way
of Greater Toronto

Donations raised through our fundraising events and our Friends campaign are used to support our programs and make them accessible to all regardless of the ability to pay.



Program Locations

Career Services are offered at multiple locations throughout the Greater Toronto Area.

For a current listing of all JVS Toronto offices and programs, please visit: www.jvstoronto.org

Contact Us

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Career Decision Making Workshop

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Career Counselling

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About JVS Toronto

JVS Toronto is a non-profit, non-sectarian community organization that partners with the government and business sectors to help people succeed at school, work and life.

Our organization assists people from all backgrounds and walks of life to achieve their educational and/or vocational goals.



Helping People Succeed

Building Career Success



Career Services

416.661.3010
www.jvstoronto.org



Career Services

JVS Toronto offers comprehensive and innovative career planning services for individuals in the process of developing an educational or training plan, making a career change, or who need focus in their search for a career.

Career Decision Making Workshop

The Career Decision Making Workshop provides an effective approach to career exploration for unemployed individuals who require direction and support developing a realistic career plan.

Career Counselling Services

Career Counselling pairs in-depth self-assessment with objective testing of aptitude and abilities to help individuals build an educational and/or career plan. Services are offered on a one-to-one basis and in facilitated group workshops.



Access Tools for Career Success at JVS Toronto

Identify Your Career Direction

Out of work and unsure about your next career move? We can help you realistically assess your best career option, and develop an action plan to make it happen. Register now for JVS Toronto's **Career Decision Making Workshop**.

- Identify your occupational strengths and skills
- Determine your career interests and work-related values
- Understand your personality traits as they relate to the work environment
- Access our computer resource center where counsellors are on-site to provide practical career and job search assistance

Eligibility & Fees

This workshop is designed primarily for Employment Insurance (EI) and Reachback recipients, those on Social Assistance and adults working less than 21 hours a week. Basic English language skills (LINC Level 4). This FREE workshop is funded by Service Canada.

Career Assessment & Counselling

Would you prefer to explore your career options in private counselling sessions? **Career Counselling Services** offer in-depth self-assessment combined with objective testing and exercises.

- Clarify interests, personal style and values
- Identify transferable skills and abilities
- Make educational and/or career choices based on your strengths and weaknesses
- Develop research and networking skills
- Create short and long-term action plans

Eligibility & Fees

Open to those 16 years of age and older.

To ensure affordability, Career Counselling Services are available on a sliding fee scale depending on income.

Funding is generously provided by the United Way of Greater Toronto and the UJA Federation of Toronto.



Other Services

Career Exploration Workshops

JVS Toronto offers customized Career Exploration Workshops consisting of one day of testing and one day of facilitation followed by individual coaching sessions.

Educational Planning Workshops

Educational Planning Workshops are particularly valuable for students who are in the process of determining realistic educational and career goals.

Training & Development Services

JVS Toronto offers businesses and not-for-profit organizations programs to develop individual effectiveness in communications and teamwork.

Career Services program funding may be available for schools, youth groups, associations and not-for-profit organizations.

